

**Kate Tojeiro**

Board Level Executive Coach

Based in: United Kingdom**Languages:** English

Kate's career developed in the retail (Marks & Spencer Management Training program), leisure and recruitment sectors for fifteen years before she dedicated herself to coaching and people development in 2003. During that time, working with people to embrace change, willingly increase their responsibilities, and develop the drive to improve and overcome barriers became Kate's 'niche' focus, with successful outcomes for all. Her positive outlook and ease with people enabled her to create strong and motivated teams and help others to find success.

Since 2003, Kate has worked with both individuals at board and director level and senior teams in small and large corporate organizations, and her flexible style enables her to work in the UK, Europe, Middle East and the US. She has additionally worked with the Judge Business School and as a non-executive director of a growing technology company.

Qualifications, accreditations and memberships

- NLP Certified Coach
- International Coaching Academy Certified Coach
- Affiliate member of the British Psychological Society
- Qualified in a wide range of psychometric tools, including Myers-Briggs Type Indicator®, I6PF®.
- DreamWare accredited.

Selected clients

BASF
Barclays Capital,
BNP Paribas,
Bouygues,
BP,
Calyon,
Ciba,
EMAP,
Google,
Judge Business School
X Changing.

Coaching style

Kate's client interventions range from one-off challenges to eighteen-month contracts, driven by the client need. Due to the variety of clients, she has learnt to adapt her style to suit the needs of different cultures, values and behaviours. Some interventions are solely coaching sessions, others have included various assessment tools, group workshops, off-site experiences, collaboration with other leaders – whatever fits the need best.

Her high energy levels and desire to help people find real fulfillment drives her to work with people at all stages of their lives, and she has found particular success with senior people who have been recently promoted or are taking on new challenges.