

**Jeanette Lindfield**

Board Level Executive Coach

Based in: Republic of Ireland**Languages:** English**Qualifications:** FCIPD MIITD

Jeanette became a coaching skills development and organisational change consultant in 2007, and has worked on a range of public and private sector projects. Her expertise is based on twenty years' experience in a range of retail companies and multinationals in HR management roles up to senior management level.

Jeanette worked for six years as Head of Training, John Lewis Aberdeen, before joining Guinness Ireland Group as Management Development Specialist. She worked in a variety of HR management roles in the newly formed Diageo before joining Talent Development Solutions in 2005, where she was responsible for training trainers in the Diageo High Performance Coaching programme.

Qualifications, accreditations and memberships

- Accredited to administer MBTI® Step 1 and FIRO-B®
- Chartered Fellow of Chartered Institute of Personal and Development
- Member of the Irish Institute of Training and Development.

Coaching style

Jeanette works with managers and leaders in a wide variety of public and private organisations to help them develop their skills and effectiveness, either in workshops or one-to-one. She has extensive experience of using MBTI® and FIRO-B® as a starting point for the development and coaching journey.

A calm and measured person with great empathic listening, Jeanette's style is very facilitative as she believes that the person being coached usually has the solution themselves – it is her coaching skill that gets them to recognise and own the solution.