

Executive Coaching Profile



Gábor Gyengési

Board Level Executive Coach

Based in: Hungary

Languages: Hungarian, English

Qualifications: BA MA

Originally a psychologist, Gábor is now an experienced consultant in the field of organisational and individual development. Based predominantly in Hungary, he now has over 15 years experience in a multinational corporate environment, working across cultures in numerous sectors.

He started work by developing and rebuilding skills as a psychologist in healthcare, before joining the Austrian-Hungarian Consultancy Personel Ltd. where, as a member of an international consultant team, one of my projects was researching and designing a development process to generate leadership behaviours for the senior operational managers in a countrywide organisation. He later worked for a US-based FMCG multinational as an Area HR Manager.

Gábor then moved into consultancy, initially designing and delivering a development programme for a large Austrian Bank. He has subsequently been coaching in the pharmaceutical, IT technologies and automotive sectors.

Qualifications, accreditations and memberships

- MA in Psychology (Budapest University ELTE)
- BA in Human Resource Development (Budapest University of Economy)
- Postgraduate in Neuropsychology
- Certified facilitator and coach in cognitive behaviour communication, Institute for Behaviour Sciences, Budapest
- Certified for Psycho-Social Support in Situations of Mass Emergency/European Policy Paper.

Selected clients

APEH (Hungarian Tax Administration)
 Avon Cosmetics
 Bank Austria Creditanstalt
 Excel Ltd
 Ferrotechnika
 Fiat
 GM Powertrain Hungary
 GM Southeast Europe
 Ford Hungary
 Institute for Medical Rehabilitation
 Kraft Foods
 NABI (North American Bus Industry)
 PepsiCo Hungary
 Philip Morris.

Coaching style

Gábor is able to build reliable relationships with different people and find creative solutions, even in delicate situations. His focus lies in supporting them to gain a deep understanding, using applicable theories and well structured exercises. This is followed by life-related simulations and easy to see examples to highlight the nature of the required changes. Throughout his work, he strives for achievements that are measurable session by session.

He likes to create a positive atmosphere and encourage coachees to identify the possible and impossible. His style is to maintain a relaxed climate and allow the client to find and create their own solutions, and then to come to a conclusion and plan the next steps.